### SPECIAL POINTS OF INTEREST:

- Sunday Worship
  will be in-person at
  the church 11:00
  AM unless COVID
  -19 infection rates
  in Washington
  County are high,
  then via Zoom
  10:00 AM (notice
  sent out Friday)
- Saturday, October
   I UM Men's
   Breakfast 9:00 AM
- Sunday, October 2
   World Communion Sunday
- Sunday, October
   16 Laity Sunday
- Sunday, October
   30 Reformation
   Sunday

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VOLUME VIII, ISSUE X

OCTOBER 2022

# This is my body. This is for you.

On the night Jesus was betrayed he was in an upper room with his disciples having supper. Before the meal he took the bread, and he blessed it, and he broke it, and he gave it to them saying, "this is my body, broken for you."

We remember that every time we practice the holy sacrament of communion, and we often think of it as the highest example of love and sacrifice imaginable. Jesus gave his body... for us. And yet, we give our bodies and our lives for one another much more often than we realize. Sacred moments are not rare, but so common that we ignore them.

When my friends come to my house to help me work in my garden, or when someone helps us move house, or paint, or take a load of rubbish to the dump that loving labor is a way of giving their bodies as a gift.

When a nursing mother wakes in the middle of the night to feed a crying child, she is giving her body as a gift.

When someone nurses a sick person they are giving their body as a gift.

When lovers spend time in mutual affection for each other they are giving their bodies as a gift.

When someone takes the time to pay attention and to listen, to still their own voice and allow their limbic system to resonate with another's, they are giving their body as a gift.

I am not saying that all of these instances are the same, but I am saying that there are many ways that we participate in the miracle of embodied compassion and generosity. Everything we do, we do with our bodies, and even when we only give a few moments of our time and attention we are giving that precious irretrievable time we have on this earth in this flesh. It is appropriate to honor that sacred gift and to remember whose example we follow when we say with our actions, "this is my body. This is for you."

**Submission by Reverend Aric Clark** 

# Avery Clark

The son of our Reverend, Avery Clark,



has graduated from high school, "Yeah!". And is moving on to teach English to Spanish speaking people. His last day as our Electronic Media Administrator is Sunday, September 18, 2022. To see his work, go to this hyperlink: <a href="https://www.youtube.com/channel/">https://www.youtube.com/channel/</a> UCBnch0vdKaTD639ytvO HHQ/videos.





**Submission by Tom Ettelson** 

### **Tom Lynott**

The creator of our sign passed away Monday, September 19, 2022. Prayers for his wife Peggy & their family



Diane and I worked with Tom starting in 1980 when he came from Idaho to work at Springbrook Middle School in Newberg. Tom later was a counselor at Newberg High School. Not only was he a talented artist but also a very talented singer.

### **Larry Johnson**



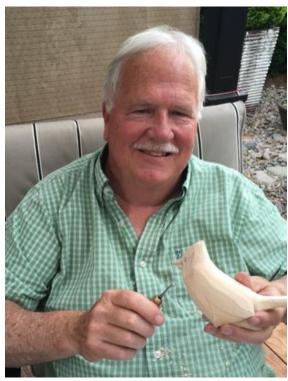
Thomas Lynott, creator of our beautiful wooden sign passed away this month. Tom was a beloved school counselor and talented wood carver. He was known for his humor, caring, and kindness. Prayers for Tom, his wife, Peggy, and his family.

**Diane Peters** 

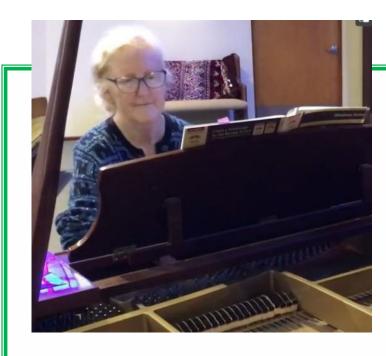
This is devastating news; Tom & Peggy & their boys were "shining lights" to all of us; he was a renowned school teacher & counselor; wood expert;

Thoughts & prayers for Tom Lynott's family; Tom's expertise in types & characteristics of wood species was unmatched; outstanding school teacher in NSD..

### **Bob Youngman**







Ferrow Church family,

Thank you for the cards and the
generous giff for my retirement. And
Cherry, thank you so much for presenting
it to me in church. It was wonderful of
you all to join us at the Sherwood church
I very much enjoyed playing for you
at Mhn. Home; I already miss you.
I hope you soon got another music director
so you come get year choir going again.

Much love, condin sone

## Willowbrook Food Pantry

**S**eptember 27, 2022

A food drive from loving hearts. Willowbrook Pantry was the recipient of a special donation.

Saturday evening there was a second wedding and reception of two wonderful people. It was an elegant wedding, flower-filled reception with dancing, wedding cake, and toasts for the bride and groom. The invitation stated in lieu of gifts please bring food to donate to Willowbrook pantry, resulting 1154 pounds of food! We were stunned and so grateful. You never know where your next donation will come from! Thanks to God.

We served 135 family with 549 people in August.

**Submission by Cherry Trotter** 



# Holiday Bazaar November 12<sup>th</sup>

Folks be sure to save Saturday November 12th on your calendars for our annual holiday bazaar. Our ladies are busy making all kinds of new things to tempt you and we will have many of your favorite items available as well. We are not sure if we will have baked goods this year. We will make that decision as we get closer in time. It will run from 10 am to 2 pm like last time. We look forward to seeing all of you there. Your bazaar team.

**Submission by Carol McComis** 





June 19-25, 2022

"Keep alert, stand firm in your faith, be courageous, be strong. Let all that you do be done in love." – 1 Corinthians 16: 13-14

4. CALL TO CIVILITY (2010, 2013, 2016, revised 2019, 2022) Sponsor: OR-ID MFSA, OR-ID Holy Land Task Force, OR-ID Peace with Justice

In today's highly polarized cultural environment, dehumanization has become systemic, spreading corrosively like a cancer in our communities, our nation, and the body politic. As persons of Christian faith, it is our individual as well as corporate responsibility to call for and to embody the radical love reflective of the gospel values that unite us.

Therefore, we call upon all United Methodists, clergy, and laity, to act, both online and in person, as agents of peace, open-mindedness, and mutual respect in the public sphere, while remaining steadfast in their compassionate solidarity with persons and communities targeted by hate, fear, and misinformation. Every United Methodist is called upon to respond with civility and request civility from those persons and media who promote hate, fear, misinformation, and to abstain from or seek to hold accountable those media outlets that promote the same.

We, the members of Oregon-Idaho Conference, define civility as resisting dehumanization through truthful, persistent, and nonviolent engagement with others, which witnesses to the radical love of Christ. Civility is not an issue of ideology or political affiliation. It is a value at the core of our democracy as well as our faith.

(Taking from the 2022 Oregon-Idaho Annual Conference/Action)

**Submitted by Cherry Trotter** 

### October Birthdays & Anniversaries





Unclouded may your birthday be, and round you day by day. May God enfold His wings of love and bless you on your way.

Date	Name			
4	Ron Knox			
9**	Jim & Diane Peters			
11	Ed Luckman			
21** Tom & Wendy Ettelson				

If you wish to send a cards or more, please, use the Mt. Home UMC Church Directory for the addresses. If you need a directory contact Diane Peters.

# **Hey Guys**

Hey guys, it's been over two years since we sat and had breakfast together. So let's get back together this Saturday October

I. Breakfast will be served at 9:00am but come a little early for coffee and conversation. Larry has volunteered to cook. Menu for this month will feature pancakes, eggs,

bacon, and fruit. Coffee, tea, and juice will also be provided. Discussion will center on how we want to move forward with breakfasts and how we can best support the work of the church.

Hope to see you on Saturday.

**Submission by Larry Johnson** 



### **New Covid Policy for Mountain Home UMC**

Dear members and friends of Mt. Home United Methodist Church, moving into the fall of 2022 and with permission from the Cascadia District we've revised our COVID policies to the following:

Pastor Aric will continue checking our local statistics weekly on <u>covidactnow.org</u>, with an emphasis on hospitalization numbers.

- While we are in the low (green) category in Washington County all activities are permitted. This
  means in-person worship, indoors if desired or if the weather requires, masks-optional, singing permitted, and fellowship and other activities allowed.
- 2. While we are in the medium (orange) category in Washington County masks will become required indoors and we will take special precautions with certain activities such as food, and fellowship etc.. Singing is still permitted at this level.
- 3. While we are in the red (high) category in Washington County we will worship outdoors if possible, or on zoom if not possible due to weather. Other indoor activities will be suspended.
- We will continue tracking attendance at church events for the purpose of contact-tracing if anyone gets covid.
- Masks will always be optional outdoors.
- Members are encouraged to continue observing best-practices for everyone's health and safety.
- I. Get your vaccines and boosters!
- 2. Wear masks in crowded public situations
- 3. Wash your hands regularly
- 4. Maintain social distancing in public
- 5. Use home-tests if you experience symptoms or have been exposed recently to covid.
- 6. Don't come to worship if you have recently been exposed to covid, have symptoms, or have tested positive.
- 7. If you test positive for covid after attending an event at the church inform us so that we can tell others who may have been exposed.

**Submission by Reverend Aric Clark** 

# October 2022

SAT1	1 UM Men's Breakfast 9:00 AM	8	15	22	29
FRI			14	21	28
Тни		9	13	20	27
WED		5	12	19	26
TUE		4		18	25
Mon		3	10	17 Church Council Meet- ing 10:00 AM via Zoom	24 31
SUN	* Sunday Worship will be in person at the church 11:00 AM unless COVID-19 hospitalization in Washington County are high, then via Zoom 10:00 AM (notice sent out Friday)	2 *Worship Service 11:00 AM World Communion Sunday	9 *Worship Service	16 *Worship Service 11:00 AM Laity Sunday	23 *Worship Service 30 11:00 *Worship Service 11:00



Church's location and mailing address: 23905 SW Wunderli Canyon Drive

Sherwood, OR 97140

Church phone number: (503)628-2064 Email address: <a href="mailto:mthomeumc@gmail.com">mthomeumc@gmail.com</a>

http://mthomeumc.org

https://www.facebook.com/Mtn.Home.Church Mountain Home United Methodist Church -YouTube



Reverend Aric Clark contact information

Phone: (503)810-2395

E-mail: aricclark22@gmail.com
Office hours by appointment
Check out the updated website:



Pastor Parish Relations Committer Chair: Alice Hendricks
Worship/Outreach Chair: Diane Peters
Finance Chair – Brian McKennett
Trustees Chair: Thomas Ettelson
Church Council Member-at-large: Cherry Trotter

Newsletter Editor: Tom Ettelson <u>t.ettelson@comcast.net</u>

### **Event Calendar**

Sunday Worship will be at the church 11:00 AM unless COVID-19 hospitalization in Washington County are high, then via Zoom 10:00 AM (notice sent out Friday).

Saturday, October I UM Men's Breakfast 9:00 AM

Sunday, October 2 World Communion Sunday

Sunday, October 16 Laity Sunday

Tuesday, October 19 Church Council Meeting 10:00 AM via Zoom

Sunday, October 30 Reformation Sunday

Tuesday, November I All Saints
Day

Holiday Bazaar Saturday, November 12<sup>th</sup> from 10 AM to 2 PM

Sunday, November 13 Charge Conference combined with and at Sherwood UMC following Worship Service at 10:00 AM

Send prayer requests to Cheryl for inclusion in our weekly dispatch:

officesherwoodumc@gmail.com

Mountain Home UMC YouTube Channel Mountain Home United Methodist Church - YouTube where past Sunday Worship Services can be found.

Downloaded free clipart in this newsletter from

http://clipart-library.com/mailboxcliparts.html

Free High Quality Cliparts - Cliparts Zone

