

SPECIAL POINTS OF INTEREST:

- Sunday Worship will be in-person 11:00 AM unless COVID-19 hospitalization rates in Washington County are high, then via Zoom (notice sent out Friday)
- Sunday March 12 Daylight Savings Time Begins at 2:00 AM
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VOLUME IX, ISSUE III

MARCH 2023

With Creation: A Native And Indigenous Devotional



This year for Lent I invite you to enjoy [this devotional by Native and Indigenous writers](#).

There are many excellent teachers here to carry you through the season. To begin I offer this reflection on Ash Wednesday by Jay Mercado:

Every day the world bombards us with an endless conveyor belt of new possessions and experiences to enjoy. At times it seems this culture of treasuring is not merely a lifestyle choice but is rather necessary to participate in society. Capitalistic pressures encourage productivity, valuing people for what they are able to produce and severe-

ly hindering our ability to experience true rest. Stress, negative self-image, and anxiety are compounded by the constant turning of the gears.

Lent becomes increasingly valuable as these cultural impositions persist. Lent is an ancient practice that defies the current logic of our society. Where the elevation of the self and inflation of the ego reigns, Lent invites us to the secret place to commune with God in a most intimate way. We see the tearing of clothes, the grand gestures outside our windows, people parading themselves to be seen. Lent asks us to deny

“In some Native languages the term for plants translates to “those who take care of us.”
— Robin Wall Kimmerer, [Braiding Sweetgrass](#)

With Creation: A Native And Indigenous Devotional (continued)

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and examine the self, to refrain from something, to learn the discipline it takes to move against the current.

It may be a small gesture. It may be a favorite drink or monthly expense. It may be more time spent with family or unplugged from the wear of social media. Whatever our choice may be, I encourage us this lenten season to make a humble offering. Matthew 6:21 encourages us that the posture of the heart matters more than how much we are able to give. Our sacrifice can undermine itself when it models the world that says bigger is better.

As we make a choice to abstain, from something big or small, my hope for you is that you would increase in love, in contentment, in joy. While we may be watching less TV or enduring a serious craving for certain food, my hope is that we recognize the areas of abundance that are irrevocable. God's love for you abounds. God is stretching out Their hand to you that you might see a different way than our society prescribes. There is never any need to withhold self-love, the meeting of our own needs, whether physical or emotional. The idea is not to do harm

for the sake of our faith. God is pleased when we reflect Their example of compassion, intention, and grace. For some, myself included, it is much easier to extend these things to others than to ourselves. Maybe then the invitation at this time is to give up on our negative self-talk or performance avoidance. It can be a time to try and fail miserably, knowing that we are just human beings and fulfillment is not tied exclusively to completion or mastery.

As we press into the intimacy of knowing God with fewer and fewer distractions, our hope for the world must abound – that the chaotic world outside might set down what is burdening them and accept an easier yoke. We cannot persist in this way and the Creator is grieved to watch what is most precious to them toil the arid ground, knowing that so little fruit is produced in this manner. We cannot look down at the world for choosing differently, but we can respond to the wind of God urging us to uplift our siblings. The oppressive, capitalistic venture pales in comparison to biblical rest, contentment, and love that provides for our neighbor.

However you choose to engage

With Creation: A Native And Indigenous Devotional (continued)

(Continued from page 2)

this lenten season, I pray that God would illuminate anything that deserves attention or compassion within you. As we refrain from certain things, may we also embrace the life abundant afforded to us in Christ, an abundance that does not fluctuate based on how much we possess. Our walk up to cal-

vary can be a transformational experience – my sincere hope is that The Presence would abound at every turn, emitting warmth and leading us all into deeper understanding.

Submission by Reverend Aric Clark



Let us remember our friend Lynelle Eck and pray for her family. She has touched us all in God's loving way. Our church was richer for her leadership as were we for having known her. Rest and abide in the Lord.

Bulletin Board



Saturday, March 11
 Men's Breakfast in the Fellowship Hall at 9 AM
 Chief cooks and bottle washers are Brian and Colin.



Sherwood United Methodist Church
 Thursday March 16th, 2023
 10am-3pm

March Birthdays & Anniversaries



*Unclouded may your birthday be, and round you day by day.
 May God enfold His wings of love and bless you on your way.*



Date	Name
5	Larry Johnson
9	Richard Scheideman
15	Addie Balcomb
17	Linda Walker
19	Jeannine Schmeltzer
20	Linda Knox
22	Donna Pace
25	Jan Bartlett
26	Millie Weisenbach

If you wish to send a cards or more, please, use the Mountain Home UMC Church Directory for the addresses. If you need a directory contact Diane Peters.

Spring Cleaning 2023



Even as we've just experienced our recent winter snowstorm, it's time to prepare for spring. According to the calendar, spring is just 3 weeks away. We've had a lot happen inside and outside the church building this fall and winter. So as we prepare for the coming of spring, Palm Sunday (April 2), and Easter (April 9) it's time to tidy up the church for these big events.

We will again be hosting our traditional Sunrise Service on Easter morning followed by an Easter Brunch. This means we needed to get the fellowship hall, kitchen, and outdoor area ready for these two

activities. There are other areas of the church that could use a little TLC also. The Trustees will be putting together a sign up list for different tasks to be accomplished. That list will be distributed in church during the first few weeks of March. The trustees would like to focus on getting started and finished the last week in March. Those dates are March 26 through April 1. If we all pitch in, the work will get done quickly and the church will be ready to greet our guests and celebrate our risen Lord.

Submitted by Larry Johnson
Trustee Chair

Willowbrook Food Pantry

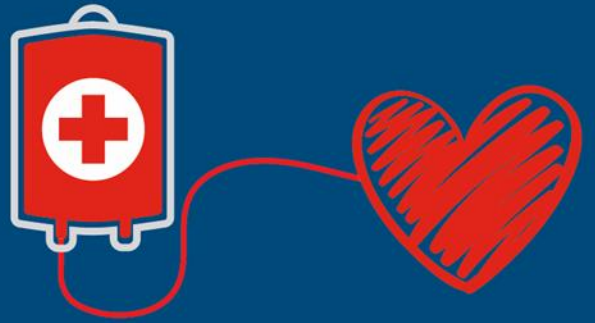
On February 7th we were surprised and thrilled that donations filled the outside porch area. We were the grateful recipient of 1800 pounds of food from the Ridges Elementary School. In addition to the 1800 lbs., the pantry was given a donation of 218 lbs. by Countryside Church. The Oregon Food Bank have been offering fewer food items for which we can choose so we are more dependent on food drives.

What a wonderful caring and giving community we live.

Submission by Cherry Trotter



Kindness
is in your blood.



Help save a life.

Schedule your
blood donation
appointment today.



Sherwood United Methodist Church
Thursday March 16th, 2023
10am-3pm
22280 SW Washington St.
Sherwood, OR 97140

<https://www.redcrossblood.org/give.html/drive-results?zipSponsor=SherwoodOR>

Visit the link above or
Call 1-800-RED CROSS
To schedule your appointment

March 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5 *Worship 11:00 AM	6	7	8	9	10	11 ^{9AM} 
12 *Worship 11:00 AM Daylight Savings Time Begins at 2:00 AM	13	14	15	16 Blood Drive @ Sherwood UMC 10:00AM-3:00PM	17	18
19 *Worship 11:00 AM	20	21	22	23	24	25
26 *Worship 11:00 AM	27	28				* Sunday Worship will be in-person at the church 11:00 AM unless COVID-19 hospitalization in Washington County

Contact Info

Church's location and mailing address:

23905 SW Wunderli Canyon Drive

Sherwood, OR 97140

Church phone number: (503)628-2064

Email address: mthomeumc@gmail.com

Websites: <http://mthomeumc.org>

Facebook: [https://www.facebook.com/](https://www.facebook.com/Mtn.Home.Church)

[Mtn.Home.Church](#)

YouTube: [Mountain Home United Methodist](#)

[Church - YouTube](#)



Reverend Aric Clark contact information

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Office hours by appointment

Check out the updated website:



Pastor Parish Relations Committer Chair: Alice Hendricks

Worship/Outreach Chair: Diane Peters

Finance Chair – Brian McKennett

Trustees Chair: Larry Johnson

Lay Leader: Cherry Trotter

Newsletter Editor: Tom Ettelson t.ettelson@comcast.net

Event Calendar

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Sunday March 12 Daylight Savings Time Begins at 2:00 AM

Send prayer requests to Cheryl for inclusion in our weekly dispatch:

officesherwoodumc@gmail.com

Mountain Home UMC YouTube Channel [Mountain Home United Methodist Church - YouTube](#)

where past Sunday Worship Services can be found.

Downloaded free clipart in this newsletter from

<http://clipart-library.com/mailbox-cliparts.html>

[Free High Quality Cliparts - Cliparts Zone](#)

